

# アレルギー詳細表

【献立コード】2601091

【献立名】ビーフカレー マカロニサラダ 麦ご飯(増量) 牛乳

実施日 :

令和8年1月9日(金曜日)

直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |  | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
|---------------------------|----------|--------|-------------|--------|--------|---|---|--|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|--------------------------------------|--------|--------------|-------------|------------------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>ピ<br>ー<br>ナ<br>ッ<br>ツ<br>)<br>落花生 | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ッ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ッ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン |
| ビーフカレー                    |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛肉クロット(かた肉)1.5mm          |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        | ○      |        |        |        |        |             |        |                                      |        |              |             |                  |
| 玉葱                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| じゃがいも                     |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 油                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| こくまろカレーフレーク(ブレンド)         |          |        |             |        |        |   |   |  | ○                     |             |        |             |                  |                                 |                                 |        |        |        | ○      |        |        |             |        |                                      |        |              |             |                  |
| ウスターーソース                  |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 水                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| マカロニサラダ                   |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| シェルマカロニ                   |          |        |             |        |        |   |   | ○                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| ゆで塩                       |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| ミニフロッコリー(エケアドレ)           |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| ロースハム(アレルギー対応)            |          |        |             |        |        |   |   | ○                                      |                       |             |        |             |                  |                                 |                                 |        |        |        | ○      |        |        |             |        |                                      |        |              |             |                  |
| スーパースイートコーンカナル            |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| エッグケアマヨネーズタイプ             |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        | ○      |        |        |        |             |        |                                      |        |              |             |                  |
| 塩                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 洋こしょう(ハチ)                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 砂糖                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 麦ご飯(増量)                   |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 学校給食用無洗米                  |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 強化米(国産)                   |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 丸麦                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳(学校給食用)                 |          |        |             |        |        |   |   | ○                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |

【 ○: 原材料に含まれる】

\* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601131

【献立名】ポークピーンズ キャベツとウインナーのサラダ  
黒豆きなこクリーム ミルク食パン 牛乳

実施日 :

令和8年1月13日(火曜日)  
直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |  | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
|---------------------------|----------|--------|-------------|--------|--------|---|---|--|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|--------------------------------------|--------|--------------|-------------|------------------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>ビ<br>ー<br>ナ<br>ッ<br>ツ<br>)<br>落花生 | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ッ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ッ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン |
| ポークピーンズ                   |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 豚肉ミンチ                     |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 冷凍大豆(県産大豆)                |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| じゃがいも                     |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 玉葱                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| トマト角切缶                    |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 油                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| ウスターソース                   |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| トマトケチャップ                  |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 赤ワイン(無添加)                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 砂糖                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| コンソメ                      |          |        |             |        |        |   |   |  | ○                     | ○           |        |             |                  |                                 |                                 |        |        |        |        |        |        |             | ○      | ○                                    |        |              |             |                  |
| 塩                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 洋こしょう(ハチ)                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| キャベツとウインナーのサラダ            |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| キャベツ                      |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| スーパーイートコーンカナル             |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 枝豆むき身                     |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                      |        |              |             |                  |
| ウインナー(アレルギー対応)            |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      | ○      |             | ○      |                                      |        |              |             |                  |
| 具沢山ドレッシング(オニオン)           |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      |        |             |        |                                      |        |              |             |                  |
| 黒豆きなこクリーム                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      | ○      |             |        |                                      |        |              | *           |                  |
| 黒豆きなこクリーム                 |          |        |             |        |        |   |   | *                                      |                       | ○           | *      | *           |                  |                                 |                                 |        |        |        |        | ○      | ○      |             |        |                                      |        |              |             |                  |
| ミルク食パン                    |          |        |             |        |        |   |   |  | ○                     | ○           |        |             |                  |                                 |                                 |        |        |        |        | ○      |        |             |        |                                      |        |              |             |                  |
| ミルクパン(食パン)                |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳(学校給食用)                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 | ○                               |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |

【 ○: 原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601141

【献立名】あまくち厚焼き卵 ぶりの照り揚げ 白玉雑煮 麦ご飯 牛乳

実施日 :

令和8年1月14日(水曜日)

直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |         |        |        |   |   |  | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
|---------------------------|----------|--------|---------|--------|--------|---|---|--|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|---------------------------------|--------|--------------|-------------|------------------|------------------|
|                           | え<br>び   | か<br>に | くる<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>落<br>花<br>生<br>ピ<br>ー<br>ナ<br>ツ<br>ツ<br>) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ツ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン | ※<br>魚<br>介<br>類 |
|                           |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| あまくち厚焼き卵                  |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 厚焼卵(甘口)                   |          |        |         |        |        | ○ | ○ |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             | ○                |                  |
| ぶりの照り揚げ                   |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| ぶり切身                      |          |        |         |        |        |   |   |  |                       |             | *      |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| ゆで塩                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 生姜                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 料理酒                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| でん粉1kg                    |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 揚げ油                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 砂糖                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 濃口醤油                      |          |        |         |        |        | ○ |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| みりん                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 料理酒                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 水                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| でん粉1kg                    |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 白玉雑煮                      |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 白玉団子(約8g)                 |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 鶏むね肉(皮あり)角切り              |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| かまぼこ                      |          |        |         |        |        |   | * |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 白菜                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| かつお菜                      |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 人参                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 大根                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 椎茸スライス(筑紫)                |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| するめカット                    |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 和風だし(かつお)                 |          |        |         |        | ○      |   | ○ |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      | ○      | ○           |        |                                 |        |              |             |                  |                  |
| 料理酒                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 塩                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 濃口醤油                      |          |        |         |        | ○      |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 淡口醤油                      |          |        |         |        | ○      |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 水                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 麦ご飯                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 学校給食用無洗米                  |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 強化米(国産)                   |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 丸麦                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛乳                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛乳(学校給食用)                 |          |        |         |        |        |   |   | ○  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |

【 ○:原材料に含まれる \* : 加工助剤・キャリーオーバー・コントミ等由来 】

# アレルギー詳細表

【献立コード】2601151

【献立名】肉じゃが プロッコリーのおかか和え 一食のりかつおふりかけ  
麦ご飯 牛乳

実施日 :

令和8年1月15日(木曜日)  
直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |                                    | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
|---------------------------|----------|--------|-------------|--------|--------|---|---|------------------------------------|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|--------------------------------------|--------|--------------|-------------|------------------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>ピ<br>ー<br>ナ<br>ッ<br>ツ<br>落花生) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ッ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ッ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン |
| 肉じゃが                      |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛肉クロット(かた肉)1.5mm          |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        | ○      |        |        |        |             |        |                                      |        |              |             |                  |
| じゃがいも                     |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 玉葱                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 枝豆むき身                     |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                      |        |              |             |                  |
| 7番糸こんにゃく                  |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 砂糖                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 濃口醤油                      |          |        | ○           |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                      |        |              |             |                  |
| みりん                       |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 料理酒                       |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| プロッコリーのおかか和え              |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| ミニプロッコリー(エクアドル)           |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| スーパースイートコーンカナル            |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 削り節(かつお)糸削り               |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 砂糖                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 濃口醤油                      |          |        | ○           |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                      |        |              |             |                  |
| 水                         |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 一食のりかつおふりかけ               |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 一食のりかつおふりかけ               | *        |        | ○           | *      | *      |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        | ○      | *      | *      | ○      | *           | *      | *                                    |        | *            | *           |                  |
| 麦ご飯                       |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 学校給食用無洗米                  |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 強化米(国産)                   |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 丸麦                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳(学校給食用)                 |          |        |             |        |        |   | ○ |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |

【 ○: 原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601161

【献立名】さばホイル焼き キャベツの野菜炒め 大根と厚揚げの味噌汁  
麦ご飯 牛乳

実施日 :

令和8年1月16日(金曜日)  
直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |                                    | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
|---------------------------|----------|--------|-------------|--------|--------|---|---|------------------------------------|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|--------------------------------------|--------|--------------|-------------|------------------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>ピ<br>ー<br>ナ<br>ッ<br>ツ<br>落花生) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ッ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ッ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン |
| さばホイル焼き                   |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| さばホイル焼(みそ味)ホイル            |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| キャベツの野菜炒め                 |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 玉葱                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| キャベツ                      |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| ベーコン(アレルギー対応)             |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 油                         |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 塩                         |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 淡口醤油                      |          |        |             |        |        |   |   | ○                                  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| コンソメ                      |          |        |             |        |        |   |   | ○                                  |                       | ○           |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 洋こしょう(ハチ)                 |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 大根と厚揚げの味噌汁                |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 大根                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| カットこまつ菜                   |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| ミニ絹厚揚げ(県産大豆使用)            |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 米味噌                       |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 和風だし(かつお)                 |          |        |             |        |        |   |   | ○                                  |                       | ○           |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 水                         |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 麦ご飯                       |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 学校給食用無洗米                  |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 強化米(国産)                   |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 丸麦                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳(学校給食用)                 |          |        |             |        |        |   |   |                                    |                       | ○           |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |

【 ○: 原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601191

【献立名】中華丼の具 春巻き 一食ミニフィッシュ 麦ご飯 牛乳

実施日 :

令和8年1月19日(月曜日)

直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |  | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
|---------------------------|----------|--------|-------------|--------|--------|---|---|--|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|---------------------------------|--------|--------------|-------------|------------------|------------------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>落<br>花<br>生<br>ピ<br>ー<br>ナ<br>ツ<br>ツ<br>) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ツ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン | ※<br>魚<br>介<br>類 |
|                           |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 中華丼の具                     |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 2mm豚肉スライス(もも)丼 炒・         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 白菜                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 人参                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 椎茸スライス(筑紫)                |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 玉葱                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 白ネギ                       |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 生姜                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 塩                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 濃口醤油                      |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 淡口醤油                      |          |        |             |        |        |   |   | ○  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 砂糖                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 油                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 【未更新】中華味                  |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| オイスター調味料                  |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 水                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| でん粉1kg                    |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        | *      |        |             |        |                                 |        |              |             |                  |                  |
| 水                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 春巻き                       |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 春巻(米粉入り)Fe50g             |          |        |             |        |        |   |   | ○  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 揚げ油                       |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 一食ミニフィッシュ                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 一食ミニフィッシュ                 | *        | *      |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 麦ご飯                       |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 学校給食用無洗米                  |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 強化米(国産)                   |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 丸麦                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛乳                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛乳(学校給食用)                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |

【 ○: 原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601201

【献立名】鶏肉のピザ焼き ほうれん草のソテー コンソメスープ キャロットロールパン  
牛乳

実施日 :

令和8年1月20日(火曜日)  
直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |  | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
|---------------------------|----------|--------|-------------|--------|--------|---|---|--|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|---------------------------------|--------|--------------|-------------|------------------|------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>落<br>花<br>生<br>ピ<br>ー<br>ナ<br>ツ<br>ツ<br>) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ツ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン | ※魚介類 |
|                           |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 鶏肉のピザ焼き                   |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 若鶏もも切身(肉屋・個数)             |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| おろし生にんにく1kg               |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 生姜                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 白ワイン(無添加)                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 塩                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 洋こしょう(ハチ)                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| ピザソース(レトルト)               | *        | *      | *           | *      | *      | * | * |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| パルメザンチーズパウダー              |          |        |             |        |        |   |   | ○  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 油                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| パセリフレーク                   |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| ほうれん草のソテー                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| カットほうれん草                  |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| えのき                       |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 人参                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| ベーコン(アレルギー対応)             |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 油                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 洋こしょう(ハチ)                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| コンソメ                      |          |        | ○           |        |        |   |   | ○  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      | ○           |        |                                 |        |              |             |                  |      |
| 濃口醤油                      |          |        | ○           |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                 |        |              |             |                  |      |
| 淡口醤油                      |          |        | ○           |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                 |        |              |             |                  |      |
| 砂糖                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| コンソメスープ                   |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 人参                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| キャベツ                      |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 玉葱                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| ウインナー(アレルギー対応)            |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      | ○           |        |                                 |        |              |             |                  |      |
| 塩                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 洋こしょう(ハチ)                 |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| コンソメ                      |          |        | ○           |        |        |   |   | ○  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      | ○           |        |                                 |        |              |             |                  |      |
| 濃口醤油                      |          |        | ○           |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                 |        |              |             |                  |      |
| 水                         |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| キャロット(クレセントロール)           |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| キャロットパン(こっぺ、背割り、クレセント)    |          |        | ○           |        |        |   |   | ○  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                 |        |              |             |                  |      |
| クレセントロール                  |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 牛乳                        |          |        |             |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 牛乳(学校給食用)                 |          |        |             |        |        |   |   | ○  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |

【 ○:原材料に含まれる \* : 加工助剤・キャリー・オーバー・コントラスト等由来】

# アレルギー詳細表

【献立コード】2601211

【献立名】あじフライ(笹形) 肉入きんぴらごぼう じゃがいもの味噌汁  
麦ご飯 牛乳

実施日 :

令和8年1月21日(水曜日)  
直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |                                      | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
|---------------------------|----------|--------|-------------|--------|--------|---|---|--------------------------------------|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|---------------------------------|--------|--------------|-------------|------------------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>落<br>花<br>生<br>ナ<br>ツ<br>ツ<br>) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ツ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン |
| あじフライ(笹形)                 |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| あじフライ(笹形)                 |          |        | ○           |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 揚げ油                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 肉入きんぴらごぼう                 |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 2mm豚肉スライス(もも)丂 炒・         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 角天                        |          |        |             | *      |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| ごぼう(ささがき)                 |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 枝豆むき身                     |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 油                         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 濃口醤油                      |          |        | ○           |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 料理酒                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| みりん                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 砂糖                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| ごま油                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        | ○      | ○      |        |        |        |             |        |                                 |        |              |             |                  |
| 水                         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| じゃがいもの味噌汁                 |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| じゃがいも                     |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 玉葱                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| カット油あげ(冷凍)筑               |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        | ○      |        |        |             |        |                                 |        |              |             |                  |
| 和風だし(かつお)                 |          | ○      |             | ○      |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        | ○      | ○      | ○      |        |             |        |                                 |        |              |             |                  |
| 米味噌                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        | ○      |        |        |             |        |                                 |        |              |             |                  |
| 水                         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 麦ご飯                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 学校給食用無洗米                  |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 強化米(国産)                   |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 丸麦                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 牛乳                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |
| 牛乳(学校給食用)                 |          |        |             |        |        |   | ○ |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |

【 ○: 原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

## アレルギー詳細表

【献立コード】2601221

【献立名】チャブチエ コーンシュウマイ(2個) 青梗菜のスープ  
麦ご飯 牛乳

実施日 :

令和8年1月22日(木曜日)  
直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |         |        |        |   |   |  | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
|---------------------------|----------|--------|---------|--------|--------|---|---|--|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|---------------------------------|--------|--------------|-------------|------------------|------------------|
|                           | え<br>び   | か<br>に | くる<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>落<br>花<br>生<br>ピ<br>ー<br>ナ<br>ツ<br>ツ<br>) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ツ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン | ※<br>魚<br>介<br>類 |
|                           |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| チャブチエ                     |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛肉クロット(かた肉)1.5mm          |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 玉葱                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| ピーマン                      |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 人参                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 椎茸スライス(筑紫)                |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| カット春雨(5cm)                |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| ごま油                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 焼肉のたれ                     |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| いりごま(白)                   |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 豆板醤(チューブ)330g             |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| コーンシュウマイ(2個/人)            | *        | *      | ○       | *      | *      |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        | *      | ○      | ○      |        |             |        |                                 |        | ○            |             |                  |                  |
| コーンシュウマイ                  | *        | *      | ○       | *      | *      |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 青梗菜のスープ                   |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| カットチンゲン菜                  |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 人参                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| えのき                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| ウインナー(アレルギー対応)            |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        | ○      | ○      |        |             |        |                                 |        |              |             |                  |                  |
| 濃口醤油                      |          |        | ○       |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        | ○      | ○      |        |             |        |                                 |        |              |             |                  |                  |
| 淡口醤油                      |          |        | ○       |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        | ○      |        |        |             |        |                                 |        |              |             |                  |                  |
| 塩                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 洋こしょう(ハチ)                 |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 【未更新】中華味                  |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        | ○      | ○      | ○      | ○      |             |        |                                 | ○      |              |             |                  |                  |
| でん粉1kg                    |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        | *      |        |             |        |                                 |        |              |             |                  |                  |
| 水                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 麦ご飯                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 学校給食用無洗米                  |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 強化米(国産)                   |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 丸麦                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛乳                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛乳(学校給食用)                 |          |        |         |        |        |   |   | ○  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |

【 ○:原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601231

【献立名】コロッケ ちくわと胡瓜のごまドレ和え すまし汁 麦ご飯 牛乳

実施日 :

令和8年1月23日(金曜日)

直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |         |        |        |   |   |  | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
|---------------------------|----------|--------|---------|--------|--------|---|---|--|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|---------------------------------|--------|--------------|-------------|------------------|------------------|
|                           | え<br>び   | か<br>に | くる<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>落<br>花<br>生<br>ピ<br>ー<br>ナ<br>ツ<br>ツ<br>) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ツ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン | ※<br>魚<br>介<br>類 |
|                           |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| コロッケ(筑紫)                  |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛肉コロッケ                    |          |        |         |        | ○      |   | ○ |  |                       |             |        |             |                  |                                 |                                 |        | ○      |        | ○      |        |        |             |        |                                 |        |              |             |                  |                  |
| 揚げ油                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| ちくわと胡瓜のごまドレ和え             |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| ちくわ(kg発注(40g))            |          |        |         |        | *      |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 胡瓜                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| スーパースイートコーンカナル            |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 人参                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 胡麻ドレッシング1L                |          |        |         |        | ○      | ○ |   |  |                       |             |        |             |                  |                                 |                                 |        | ○      |        | ○      |        |        |             |        |                                 |        |              |             |                  |                  |
| すまし汁                      |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 木綿豆腐                      |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| カットわかめ                    | *        | *      |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| かまぼこ                      |          |        |         |        | *      |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| しめじ                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 濃口醤油                      |          |        |         |        | ○      |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      |        |             |        |                                 |        |              |             |                  |                  |
| 淡口醤油                      |          |        |         |        | ○      |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      |        |             |        |                                 |        |              |             |                  |                  |
| みりん                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 料理酒                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 塩                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 和風だし(かつお)                 |          |        |         |        | ○      | ○ |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        | ○      | ○      | ○      |             |        |                                 |        |              |             |                  |                  |
| 水                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 麦ご飯                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 学校給食用無洗米                  |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 強化米(国産)                   |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 丸麦                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛乳                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |
| 牛乳(学校給食用)                 |          |        |         |        |        |   | ○ |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |                  |

【 ○:原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601261

【献立名】鮭の塩焼き 切干大根煮 栄養とん汁 ご飯 牛乳

実施日 :

令和8年1月26日(月曜日)

直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |         |        |        |   |   |  | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        | ※<br>魚<br>介<br>類 |        |                                 |        |              |             |
|---------------------------|----------|--------|---------|--------|--------|---|---|--|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|------------------|--------|---------------------------------|--------|--------------|-------------|
|                           | え<br>び   | か<br>に | くる<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>落<br>花<br>生<br>ピ<br>ー<br>ナ<br>ツ<br>ツ<br>) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ツ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ      | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご |
| 鮭の塩焼き                     |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 鮭切身                       |          |        |         |        |        |   |   |  |                       | *           |        |             |                  |                                 |                                 |        | ○      | *      |        |        |        |                  |        |                                 |        |              |             |
| 塩                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 油                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 切干大根煮                     |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 千切大根                      |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 人参                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 椎茸スライス(筑紫)                |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 枝豆むき身                     |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        | ○      |        |        |        |                  |        |                                 |        |              |             |
| 砂糖                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 濃口醤油                      |          |        |         |        |        |   | ○ |  |                       |             |        |             |                  |                                 |                                 |        |        | ○      |        |        |        |                  |        |                                 |        |              |             |
| 油                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        | ○      |        |        |        |                  |        |                                 |        |              |             |
| 塩                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 和風だし(かつお)                 |          |        |         |        | ○      |   | ○ |  |                       |             |        |             |                  |                                 |                                 |        | ○      | ○      | ○      |        |        |                  |        |                                 |        |              |             |
| 水                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 栄養とん汁                     |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 2mm豚肉スライス(もも)丂 炒・         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      |        |                  |        |                                 |        |              |             |
| 人参                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| さつま芋                      |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| キャベツ                      |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 板こんにゃく                    |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 椎茸スライス(筑紫)                |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 木綿豆腐                      |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        | ○      |        |        |        |                  |        |                                 |        |              |             |
| 大根                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 米味噌                       |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        | ○      | ○      | ○      |        |        |                  |        |                                 |        |              |             |
| 和風だし(かつお)                 |          |        |         |        | ○      |   | ○ |  |                       |             |        |             |                  |                                 |                                 |        | ○      | ○      | ○      |        |        |                  |        |                                 |        |              |             |
| 水                         |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| ご飯                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 学校給食用無洗米                  |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 牛乳                        |          |        |         |        |        |   |   |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |
| 牛乳(学校給食用)                 |          |        |         |        |        |   | ○ |  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |                  |        |                                 |        |              |             |

【 ○: 原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601271

【献立名】ハムカツ フレンチサラダ 白菜のクリームシチュー  
一食中濃ソース コッペパン 牛乳

実施日 :

令和8年1月27日(火曜日)  
直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |                                    | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
|---------------------------|----------|--------|-------------|--------|--------|---|---|------------------------------------|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|--------------------------------------|--------|--------------|-------------|------------------|------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>ピ<br>ー<br>ナ<br>ッ<br>ツ<br>落花生) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ッ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ッ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン | ※魚介類 |
|                           |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| ハムカツ                      |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| ハムカツ(40g)                 |          |        | ○           |        | ○      |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      | ○      | ○           |        |                                      |        |              |             |                  |      |
| 揚げ油                       |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| フレンチサラダ                   |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| ミニブロッコリー(エケアドル)           |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| 人参                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| スーパースイートコーンカナル            |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| シーチキン                     |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| フレンチドレッシング赤               |          |        |             |        | ○      |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| 白菜のクリームシチュー               |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             | ○      |                                      |        |              |             |                  |      |
| ベーコン(アレルギー対応)             |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| 玉葱                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| 白菜                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| 人参                        |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| カットほうれん草                  |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| 油                         |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| クリームシチューミックス              |          |        | ○           |        | ○      |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      | ○      | ○           |        |                                      |        |              |             |                  |      |
| 調理用牛乳                     |          |        |             |        | ○      |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| 水                         |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| 一食中濃ソース                   |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             | ○      |                                      |        | ○            |             |                  |      |
| 一食中濃ソース                   |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        | ○            |             |                  |      |
| コッペパン                     |          |        |             |        | ○      |   | ○ |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      |        |             |        |                                      |        |              |             |                  |      |
| 普通パン(コッペパン)               |          |        |             |        |        |   |   |                                    |                       |             |        |             |                  |                                 |                                 |        |        |        |        | ○      |        |             |        |                                      |        |              |             |                  |      |
| 牛乳                        |          |        |             |        |        |   |   | ○                                  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |
| 牛乳(学校給食用)                 |          |        |             |        |        |   |   | ○                                  |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |      |

【 ○:原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601281

【献立名】照り焼きハンバーグ 直方焼きスパ オニオンスープ 麦ご飯  
牛乳

実施日 :

令和8年1月28日(水曜日)  
直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |                                      | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
|---------------------------|----------|--------|-------------|--------|--------|---|---|--------------------------------------|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|--------------------------------------|--------|--------------|-------------|------------------|----------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>落<br>花<br>生<br>ナ<br>ッ<br>ツ<br>) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ッ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ッ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン | ※<br>魚介類 |
|                           |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 照り焼きハンバーグ                 |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| バラ国産ミートハンバーグCa&Fe         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 砂糖                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 濃口醤油                      |          |        | ○           |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| みりん                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 水                         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| でん粉1kg                    |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        | *      |        |        |             |        |                                      |        |              |             |                  |          |
| 直方焼きスパ                    |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| ハーフスパゲティー                 |          |        | ○           |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| ゆで塩                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 2mm豚肉スライス(もも)丂 炒・<br>キャベツ |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 玉葱                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 人参                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| おろし生にんにく1kg               |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| オリーブ油                     |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| トマトケチャップ                  |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| ウスターーソース                  |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 塩                         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 洋こしょう(ハチ)                 |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| コンソメ                      |          |        | ○           |        |        | ○ |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| オニオンスープ                   |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 玉葱                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 人参                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| ウインナー(アレルギー対応)            |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 塩                         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 洋こしょう(ハチ)                 |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| コンソメ                      |          |        | ○           |        |        | ○ |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 濃口醤油                      |          |        | ○           |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 水                         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 麦ご飯                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 学校給食用無洗米                  |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 強化米(国産)                   |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 丸麦                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 牛乳                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |
| 牛乳(学校給食用)                 |          |        |             |        |        |   | ○ |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |          |

【 ○:原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601291

【献立名】ビビンバ丼の具 春雨サラダ りんご 麦ご飯 牛乳

実施日 :

令和8年1月29日(木曜日)

直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   |                                      | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
|---------------------------|----------|--------|-------------|--------|--------|---|---|--------------------------------------|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|---------------------------------|--------|--------------|-------------|------------------|------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳 | (<br>落<br>花<br>生<br>ナ<br>ツ<br>ツ<br>) | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ユ<br>ー<br>ナ<br>ツ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>ご | ゼ<br>ラ<br>チ<br>ン | ※魚介類 |
|                           |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| ビビンバ丼の具                   |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 牛肉クロット(かた肉)1.5mm          |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        | ○      |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 太もやし                      |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                 |        |              |             |                  |      |
| 人参                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| カットほうれん草                  |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 焼肉のたれ                     |          |        | ○           |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        | ○      | ○      | ○      |        |        |             |        |                                 | ○      |              | ○           |                  |      |
| コチジャン340g                 |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        | ○      |        |        |             |        |                                 |        |              |             |                  |      |
| 油                         |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 春雨サラダ                     |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        | ○            |             |                  |      |
| ロースハム(アレルギー対応)            |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 緑豆春雨5cmカット                |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 胡瓜                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 人参                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 砂糖                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| セミセパ中華ドレッシング              |          |        | ○           |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        | ○      | ○      |        |        |        |             |        |                                 |        |              |             |                  |      |
| りんご                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| りんご                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        | ○            |             |                  |      |
| 麦ご飯                       |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 学校給食用無洗米                  |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 強化米(国産)                   |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 丸麦                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 牛乳                        |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        | ○      |        |        |        |        |             |        |                                 |        |              |             |                  |      |
| 牛乳(学校給食用)                 |          |        |             |        |        |   |   |                                      |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                 |        |              |             |                  |      |

【 ○: 原材料に含まれる \* : 加工助剤・キャリーオーバー・コンタミ等由来】

# アレルギー詳細表

【献立コード】2601301

【献立名】筑前煮 儀助煮 鶏の水炊き風汁 麦ご飯 牛乳

実施日 :

令和8年1月30日(金曜日)

直方市教育委員会

| 料理・食品名<br>([]:アレルギー対象外食品) | 特定原材料8品目 |        |             |        |        |   |   | 特定原材料に準ずるもの21品目       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
|---------------------------|----------|--------|-------------|--------|--------|---|---|-----------------------|-------------|--------|-------------|------------------|---------------------------------|---------------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|--------------------------------------|--------|--------------|-------------|------------------|
|                           | え<br>び   | か<br>に | く<br>る<br>み | 小<br>麦 | そ<br>ば | 卵 | 乳<br><small>(<br/>ビ<br/>ー<br/>ナ<br/>生<br/>ナ<br/>ッ<br/>ツ<br/>)</small> | ア<br>ー<br>モ<br>ン<br>ド | あ<br>わ<br>び | い<br>か | い<br>く<br>ら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ッ<br>ツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ー<br>ツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | マ<br>カ<br>ダ<br>ミ<br>ア<br>ナ<br>ッ<br>ツ | も<br>も | や<br>まい<br>も | り<br>ん<br>こ | ゼ<br>ラ<br>チ<br>ン |
| 筑前煮                       |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 鶏むね肉(皮あり)角切り              |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 国産レンコン水煮(乱切)              |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 国産乱切り里芋(冷凍)筑              |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 板こんにゃく                    |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| カットいんげん                   |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 椎茸スライス(筑紫)                |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 油                         |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 砂糖                        |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 濃口醤油                      |          |        |             |        |        |   |   | ○                     |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| みりん                       |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 塩                         |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 水                         |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 儀助煮                       |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 蒸し大豆(福岡県産大豆使用)            |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 特選いんご                     | *        | *      |             |        |        |   |   |                       |             |        |             |                  | *                               |                                 |        |        |        |        | *      |        |             |        |                                      |        |              |             |                  |
| 小麦粉(中力粉)1kg               |          |        | ○           |        | *      | * |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        | *      |        |             |        |                                      |        |              |             |                  |
| 揚げ油                       |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 砂糖                        |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 濃口醤油                      |          |        | ○           |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 水                         |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| いりごま(白)                   |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        | ○      |        |        |        |             |        |                                      |        |              |             |                  |
| 鶏の水炊き風汁                   |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      |             |        |                                      |        |              |             |                  |
| 若鶏ももスライス                  |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        | ○           |        |                                      |        |              |             |                  |
| 水菜                        |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             | ○      |                                      |        |              |             |                  |
| えのき                       |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        | ○                                    |        |              |             |                  |
| カット油あげ(冷凍)筑               |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        | ○                                    |        |              |             |                  |
| 人参                        |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      | ○      |              |             |                  |
| キャベツ                      |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        | ○            |             |                  |
| 生姜                        |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              | ○           |                  |
| 塩                         |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             | ○                |
| 淡口醤油                      |          |        | ○           |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             | ○                |
| みりん                       |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 和風だし(かつお)                 |          |        | ○           |        | ○      |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        | ○      | ○           | ○      |                                      |        |              |             |                  |
| 水                         |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 麦ご飯                       |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 学校給食用無洗米                  |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 強化米(国産)                   |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 丸麦                        |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳                        |          |        |             |        |        |   |   | ○                     |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |
| 牛乳(学校給食用)                 |          |        |             |        |        |   |   |                       |             |        |             |                  |                                 |                                 |        |        |        |        |        |        |             |        |                                      |        |              |             |                  |

【 ○:原材料に含まれる \* : 加工助剤・キャリーオーバー・コントミ等由来】